

We hope our unique list of links and information helps you appreciate your visit to the Lilacs Cabin and help you explore the richness of Palomar Mt. & the surrounding area.

Reservations@PalomarMountainCabin.com

Palomar Mountain Cabin's



Information and Activities List ~ 2010

Compiled by www.PalomarMountainCabin.com

The historic Lilacs Cabin was hand-built by craftsmen back in 1924 & was once part of the Bailey's Resort. The original Bailey family homestead of 1888 was the center of Palomar town-ship life with a post office, soda fountain, dance hall, general store, stage coach station & hotel. The Bailey's Resort grew from these beginnings. City dwellers, like the Native Americans before them, wanted to get away from the summer heat or enjoy the cool mountains. As a result, by the early 1920s the Baileys set up recreational summer tent camps & later began to build a few handcrafted guest cabins; the Lilacs cabin was built for grandma. Learn more about Bailey history: <http://baileyspalomarresort.com/history/history.htm>

Palomar's Native American historical background: The Luiseños, the indigenous Native Americans, called this special mountain *Wavamai*. The Spanish arrived in 1798 to establish Mission San Luis Rey <http://www.sanluisrey.org/>; they named the mountain "Palomar", for the thousands of Band Tailed Rock Pigeons; Palomas in Spanish. The area where the Lilacs Cabin and Bailey Meadows sit today was the site of a seasonal villages called *Paisvi* by the Luiseños Indians who hunted and gathered acorns on Palomar Mountain. I highly recommend visiting the Native American Oak Grove, just 5 minutes from the Lilacs cabin – at the parking lot just beyond the entrance to the Palomar Mt. State Park. It is very special! Perched next to an awesome overlook under huge oak trees, there is an array of deep, well-worn bedrock mortars and "metates" which testify to the centuries of established Luiseño Indian settlements. For more info and multiple links on the Luiseños: <http://www.fourdir.com/luiseno.htm> For more info on the Palomar Luiseños see the Park's Guide <http://www.parks.ca.gov/pages/637/files/palomarmountain.pdf> The Luiseños are part of the greater Kumeyaay Peoples who reached deep into Baja California. The website www.Kumeyaay.com tells the story from the Kumeyaay Indian perspective, and is the premiere source for indigenous Kumeyaay information. www.kumeyaay.com/ or www.WaterTurtleWeaver.com learning today's culture. For super history and Palomar info LINKS: www.palomarmountain.net SEE Spanish History below under "Best Day Trips"

Palomar Weather info: http://weather.yahoo.com/forecast/USCA0833_f.html or http://www.wrh.noaa.gov/total_forecast/index.php?zone=caz058&county=cac073&wfo=sgx&dgtl=1&lat=33.32278&lon=-116.87778

Palomar Mountain General Information

Palomar Summit Site: <http://www.palomarsummit.com/>

Palomar Mountain Events - Community Calendar I helped establish this: <http://my.calendars.net/PalomarMountain>
Photo Slideshow of Palomar! <http://www.flickr.com/photos/mutbka/sets/705885/show/>

Palomar Mountain State Park

NOTE: The budget crisis may cause park closures, so call them*

Open Hours: 8am-4pm Mon-Thu; 8am-10pm Fri-Sat; 8am-5pm Sun (Summer hours); **Phone:** (760) 742-3462

Make every effort to visit the Palomar Mountain State Park and hike one of the fabulous (often easy) trails. You will

not regret it! With over 1,897 acres protected for picnic, fishing and camping purposes, Palomar Mountain State Park with elevations topping out at 5500 feet is a welcome break from busy San Diego city life. Palomar Mountain SP features a thick coniferous forest and spectacular views of the Pacific Ocean. This is one of the few southern California areas with a Sierra Nevada-like atmosphere. Best of all, the park is rarely crowded, making it a hideaway for nature-lovers. http://www.parks.ca.gov/?page_id=637

[Image search for Palomar Mountain State Park](#)

The park offers fishing. Scenic Doanes Pond is stocked with trout, with bluegill and catfish as the common catch. The park offers thick forests with spruce, cedar, oak and pine trees. Lupine and buttercups bloom on-site. Squirrels and raccoons are some of the wildlife at the park. With a day use fee of \$6*?, all of these park wonders are available to you.

Info Guide and map of the park: <http://www.parks.ca.gov/pages/637/files/palomarmountain.pdf>

Cleveland National Forest

The Lilac and Palomar Mt. are surrounded by the **Cleveland National Forest** <http://www.fs.fed.us/r5/cleveland/>
The National Forest offers you wonderful opportunity to explore. Please respect private property signs.

Hikes: http://sd.znet.com/~schester/fallbrook/hiking/time_lt_60.html

Fishing, Birding and Fauna

Fishing: Besides Doanes Pond in the State Park there is more fishing at **Lake Henshaw** where you can rent a boat too. Get a license first. 26439 Highway 76, Santa Ysabel, CA 92070 ~ Phone: 760-782-3501 **Nice photo of Henshaw >>**

http://www.southwestbirders.com/SD_20020707/henshaw_south_pans.jpg

Birds & Animals in Palomar area; Palomar Audubon Society > <http://www.palomaraudubon.org/> **Sky Hunters** is a San Diego non-profit group dedicated to informing the public about raptors, birds of prey, <http://www.skyhunters.org/home.html>

Palomar bird photos – nice! http://www.southwestbirders.com/sd020707_palomar.htm,

http://www.southwestbirders.com/sd020713_lud.htm and in **Laguna Mts and Anza-Borrego Desert Birds:**

<http://www.southwestbirders.com/ca022705.htm>

A guide to Fauna in the State Park: <http://www.parks.ca.gov/pages/637/files/DoaneValleyforWeb.pdf>

The Palomar Telescope and Observatory

The Palomar Observatory is world famous and is home to the historic Hale **200-inch telescope**. located in North San Diego County California, is owned and operated by the [California Institute of Technology](http://www.caltech.edu). Yes on weekends, Palomar even has a museum; a museum of the stars and the galaxy! You can enter the building to see how observatory functions. Sorry you cannot look through the telescope. <http://www.astro.caltech.edu/palomar/index.html>. **Great article:** http://www.drivesubaru.com/Win06_RoadTrips.htm

Eating and Shopping on Palomar

You did not come to Palomar eat out or buy, but why not stop by and get a taste of mountain life.

Mother's Kitchen Restaurant and Palomar Mountain Baking

Mothers is the only place to eat -unless Palomar Mountain Lodge get reestablished. Mother's has atmosphere & good food. <http://www.palomarmountain.com/motherskitchen/index.html> Check for Restaurant hours, last we checked;

Saturday and Sunday 8:30 to 5 (Breakfast 8:30 to 11:30), Monday, Thursday & Friday: 11 to 4, Tues-Wedns Closed

Palomar Mountain General Store Phone: (760) 742-3496

The Palomar Mt. General Store specializes in unique gifts from around the world with art and artifacts of man and nature. They have a wide selection of crystals, gems and fossils that you would not expect in this tiny village.

<http://www.palomarmountain.com/store/index.html>

Best Food at foot of Palomar is at the Lazy H Ranch for Dinner (Music Wednesday night?) delicious four course meals with your Maine lobster, filet mignon, grilled salmon, or prime rib. Reservations (742) 742-3669 www.lazyhranchresort.com

views of the Pauma Valley. Have a firm resolve, great shocks and a sense of adventure: The grade is not paved and curves back and forth across the mountain with the regularity of a downhill skier, but it is well maintained and safe!

Local road Trip: California Highway 76 from Oceanside to Lake Henshaw
http://www.theblendmagazine.com/travel/hwy76_route.htm

Adventurous? Go river tubing at the La Jolla Indian Reservation <http://www.lajollaindians.com/> (really fun!)
<http://www.sandiegonoorth.com/details.asp?eman=89816297-26198935>

Bike Riding: Nate Harrison Grade is on the southwest side of Palomar Mountain - the reward of stunning views. See the photos <http://www.mountainbikebill.com/NateHarrisonGrade.htm>

or contact Gravity Activated Sports; Palomar Plunge - 800/ 985-4427

Bike Riding or Horseback Riding in Julian: <http://www.julianactive.com/>

Horseback Riding also on Palomar and in Cuyamaca State Park

The BEST Day Trips from Palomar

Anza-Borrego Desert State Park: If you are not from here, go to experience the desert. Anza-Borrego Desert State Park is the largest state park in California. Five hundred miles of dirt roads, 12 wilderness areas and miles of hiking trails provide visitors with an unparalleled opportunity to experience the wonders of the Colorado Desert.

http://www.parks.ca.gov/default.asp?page_id=638

Cuyamaca Rancho State Park: The beautiful park offers camping and hiking in an oak woodland forest, with a sprinkling of pines and lovely meadows with creeks. There are over 100 miles of trails, which accommodate hikers, bikers, and equestrians. The day use area offers sets of cascades and shallow pools, great for water play on hot days .

http://www.parks.ca.gov/?page_id=667

Town of Julian is about 40 minutes away and is on the way to Anza-Borrego or Cuyamaca. It is a charming mountain getaway with some historic sites. Take a step back in time to the days of Julian's beginning rooted in the 1870s gold rush. Sample some of Julian's famous apple pies. **Lots of quaint shops too.** <http://www.julianca.com/>

Seeing San Diego and Tijuana, Mexico: I have not include the other San Diego tourist sites like the Wild Animal Park about 40 minutes away, Sea World or Zoo =75 min, Beaches in Oceanside = 60 min, etc. See **Lonely Planet** link below: <http://www.lonelyplanet.com/worldguide/destinations/north-america/usa/san-diego> or the Fodor's site:

http://www.fodors.com/miniguides/mgresults.cfm?destination=san_diego@136

San Diego Visitors Bureau official Guide for SD at <http://www.nxtbook.com/nxtbooks/sandiego/vpg08/>

Historical Spanish Mission Tour: California was settled by the Spanish in the 1800s with a community and a Mission about 1 days walk apart. (Learn more <http://www.sandiegohistory.org/collections/missions/pala.htm>) **Pala Mission (1816)** is very close, about 25 minutes on the **Pala Indian Reservation**. It is small, but well worth the visit! <http://www.sandiegohistory.org/collections/missions/pala.htm> Also within driving distance are:

Mission San Luis Rey (1798) ("King of Missions" in Oceanside) www.sandiegohistory.org/collections/missions/sanluisrey.htm

Mission San Diego de Alcalá (San Diego founded was here!) www.sandiegohistory.org/collections/missions/sandiegoalcala.htm

Santa Ysabel Mission Asistencia (Small, "Church of the Desert") www.sandiegohistory.org/collections/missions/ysabel.htm

San Juan Capistrano Mission (1776) (Is a crown jewel, farther, but very interesting because there are extensive tours, displays of early technology, the Swallows & more! It is easy to spend the day there.) www.missionsjc.com

More Palomar Mountain Cabin info

The Unofficial Palomar Yellow Pages:

<http://www.palomarproperties.com/yellowpages/index.html>

- o **Northern San Diego county visitor's info :**

- <http://www.sandiegonth.com/rec-campgrounds.asp>
- **Some beautiful photos of the area:**
- <http://www.flickr.com/photo.gne?id=30845847>,
- **And many phone, info and web resources at:** Palomar Mountain Homes <http://www.palomarmountain.com/>

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**Lots of Casinos** near too: Harrah's Rincon, Pauma, Pala, Acorn and the smallest casino in CA is La Jolla; the closest to Palomar cabin. <http://www.sandiegonth.com/rec-casinos.asp> <http://www.sandiegonth.com/pressroom/st-03.asp>  
**Indian reservations Map:** <http://www.parks.ca.gov/pages/861/files/sandiego.pdf>

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